



Mind Over Math Put Yourself on the Road to Success by Freeing Yourself from Math Anxiety

By Joseph Warren

McGraw-Hill. Paperback. Book Condition: New. Paperback. 256 pages. Dimensions: 7.9in. x 5.3in. x 0.5in. Mind Over Math evolved from a workshop program developed by the authors for business and professional people, as well as students. Using a friendly, informal style, they debunk math myths, explore the roots of math anxiety, and demonstrate that doing math is not really so different from any other skill. Reinforcement is provided in a section of math practice. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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