



## The Power Within: Claim It: Six Simple Strategies to Unlock Your Inner Potential

By Debbie Miles

iUniverse.com. Hardcover. Book Condition: New. Hardcover. 182 pages. Dimensions: 9.0in. x 6.0in. x 0.6in. Life is a gift meant to be enjoyed, but most people think its defined by problems that they need to solve. Its time to take a new approach that allows you to start walking down a path that will lead to accountability and success. It begins with six proven strategies: Build a strong personal foundation. Develop a life philosophy. Recognize whats holding you back. Pursue your purpose and passion. Unleash your personal power to initiate change. Inspired by everyday people who live ordinary lives, this guidebook for growth shows how self-awareness can change all areas of your life, how to find the courage to take charge of your destiny, and how to handle challenging situations more effectively. The only thing standing in the way of the future you want is the decisions you make. Stop coming up with excuses, and start taking action to overcome self-doubt, fear, and insecurities by finding The Power Within. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Hardcover.



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