



Reading the race: Bike racing from inside the peloton

By Jamie Smith, Chris Horner

VeloPress. Paperback. Book Condition: new. BRAND NEW, Reading the race: Bike racing from inside the peloton, Jamie Smith, Chris Horner, In Reading the Race, veteran pro bike racer and 2013 Vuelta winner, Chris Horner and race announcer Jamie Smith team up to show cyclists how to win races with race smarts. Armed with strategies and tactics learned over thousands of races, cyclists and cycling fans will learn how to read a race - and how to react. The Tour de France is so difficult to win that for a century it has been tradition for the champion to share the winnings with his teammates. This acknowledgment of the value of team strategy and tactics is commonplace at the top level of cycling, where the sport is all about teamwork. Yet every amateur cyclist who lines up at the start of the weekend criterium thinks he's in it to win it. By drawing up clever race plans, forming ad hoc teams, and reading the race accurately these riders can transform themselves from loose cannons to podium contenders. Even better-organised amateur teams have a lot to overcome. The spectrum of fitness and motivation on a Cat-III cycling team is gaping wide. Horner...



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