



Finding Soul in Work and Life

By Prafulla Raval & Vasant Raval

Motilal BanarsiDass Publishers Pvt. Ltd., New Delhi, India, 2010. Softcover. Book Condition: New. The book discusses four stages of transition titled Perceive, Pick up, Prepare, and Proceed. First, it looks at the current state of things to decipher why people continue to remain unhappy throughout their life (Perceive). Second, it helps the reader comprehend-or Pick up - the wisdom of the ages; the so-called lenses that will help gain a new perspective on one's unhappiness and do something about it. Third, it assists the reader in order to Prepare, that is, examine life and work in the context of karma, to help make the change, to lead oneself to the right path to lasting happiness. Issues and challenges of work-life balance are also addressed in this stage. The final stage is to Proceed, that is, begin one's journey to effect change using the newly-found compass to achieve lasting happiness. End-of-chapter Karmic Cues provide exercises to gain personal insights in the book's message. Printed Pages: 255.

DOWNLOAD



READ ONLINE

[8.22 MB]

Reviews

Merely no words and phrases to describe. I am quite late in start reading this one, but better then never. I found out this ebook from my i and dad encouraged this pdf to find out.

-- Hyman Auer

I actually started out looking over this publication. It can be writer in easy phrases and never difficult to understand. Your lifestyle span will probably be transform as soon as you comprehensive looking over this ebook.

-- Prof. Dayne Crist Sr.

Related PDFs



50 Fill-In Math Word Problems: Algebra: Engaging Story Problems for Students to Read, Fill-In, Solve, and Sharpen Their Math Skills

Scholastic Teaching Resources. Paperback / softback. Book Condition: new. BRAND NEW, 50 Fill-In Math Word Problems: Algebra: Engaging Story Problems for Students to Read, Fill-In, Solve, and Sharpen Their Math Skills, Bob Krech, Joan Novelli, These ""mad lib""-style worksheets are instant math...



The Healthy Lunchbox How to Plan Prepare and Pack Stress Free Meals Kids Will Love by American Diabetes Association Staff Marie McLendon and Cristy Shauck 2005 Paperback

Book Condition: Brand New. Book Condition: Brand New.



The Wolf Who Wanted to Change His Color My Little Picture Book

Auzou. Paperback. Book Condition: New. Eleonore Thuillier (illustrator). Paperback. 32 pages. Dimensions: 8.2in. x 8.2in. x 0.3in. Mr. Wolf is in a very bad mood. This morning, he does not like his color anymore! He really wants to try another one, just to see...



No Friends?: How to Make Friends Fast and Keep Them

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Do You Have NO Friends ? Are you tired of not having any friend and being lonely all the time...



Games with Books : 28 of the Best Childrens Books and How to Use Them to Help Your Child Learn - From Preschool to Third Grade

Book Condition: Brand New. Book Condition: Brand New.



Bully, the Bullied, and the Not-So Innocent Bystander: From Preschool to High School and Beyond: Breaking the Cycle of Violence and Creating More Deeply Caring Communities

HarperCollins Publishers Inc, United States, 2016. Paperback. Book Condition: New. Reprint. 203 x 135 mm. Language: English . Brand New Book. An international bestseller, Barbara Coloroso's groundbreaking and trusted guide on bullying—including cyberbullying—arms parents and teachers with real solutions for a...