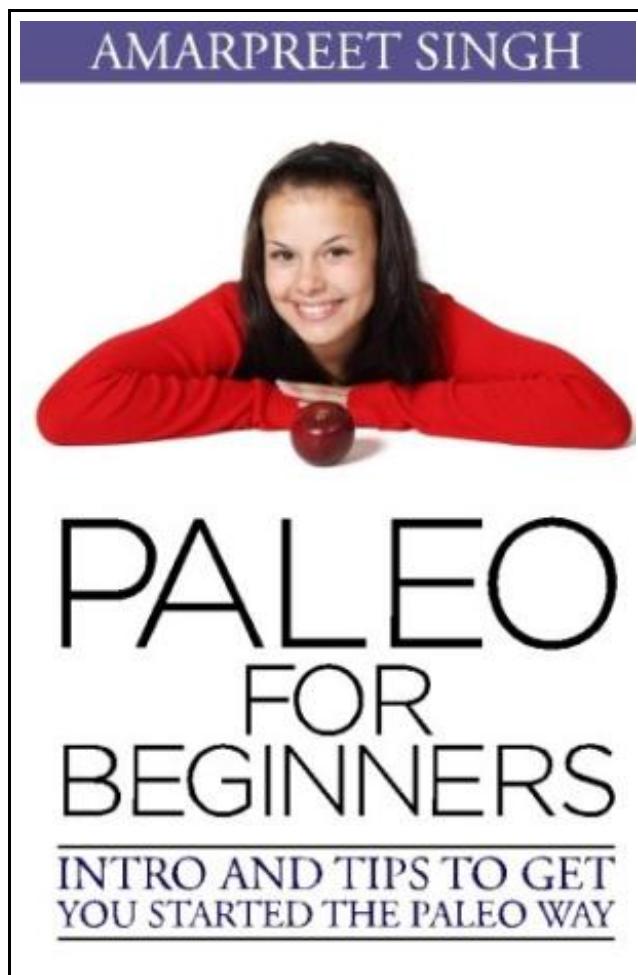


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PALEO FOR BEGINNERS: INTRO AND TIPS TO GET YOU STARTED THE PALEO WAY

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