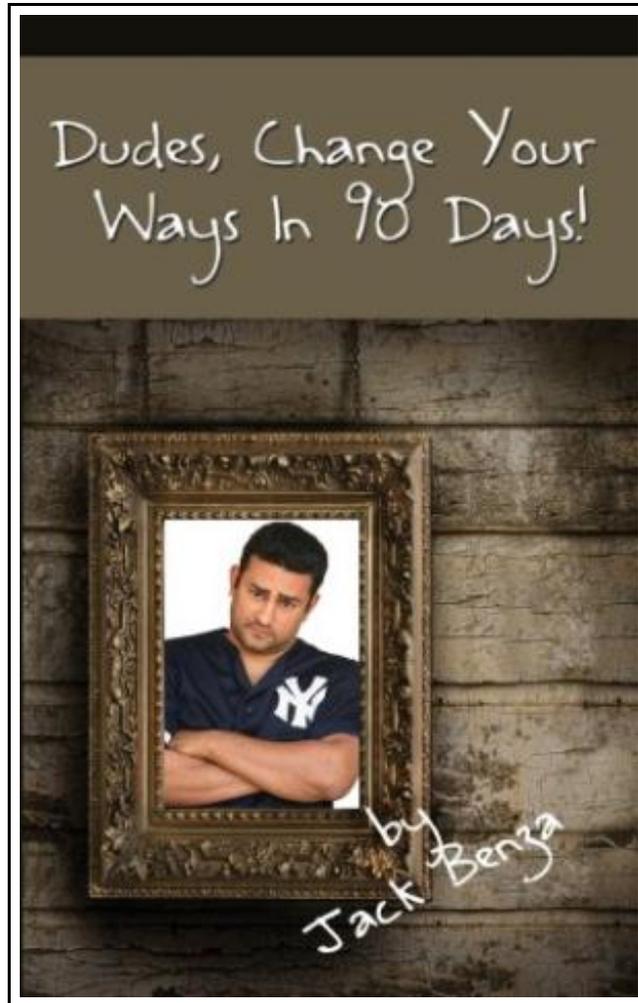


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DUDES, CHANGE YOUR WAYS IN 90 DAYS



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First Edition Design eBook Publishing. Paperback. Book Condition: New. Paperback. 144 pages. Dimensions: 8.0in. x 5.0in. x 0.3in. This new program is rapidly catching on and it is allowing people to find their creativity and quit any bad habits such as drinking, smoking, drugs, gambling, losing weight and my favorite stop - spending unwisely. The heart of this program is the Redemption Bracelet, which people are proudly wearing during and after the process. The bracelet is not something you buy, it is something you create! Any person who drinks, smokes, gambles, does recreational drugs, wants to lose weight, wants to make more money, find a perfect mate, or even inspire themselves in any way creatively, this program is for you. This process helps people get control back in their life. My program, which has been tested and approved, by many success stories, is a trial process when you temporarily stop all the bad habits in your life, and you live without them for 90 Days. Tools are provided in the beginning consisting of the Redemption Bracelet which signifies each day you are on, the journal which is used for self-reflection, the old Number 7 box which is used for the financial aspect of our journey, the mini rituals which are used for self-preservation, the calendar for the sense of completion and the It Takes 8 workout which allows the person to gain energy and lose weight during the process. In these 90 days, you test drive a new life! This program is for any guy who drinks, smokes, gambles, does recreational drugs, wants to lose weight, wants to make more money, desires to find a soul mate, or just to inspire you live a healthier lifestyle. This program helps men get control back in their life and shows them how to...



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