



Facial function exercises

By Maik Hartwig

Hippocampus-Verlag Mai 2013, 2013. Taschenbuch. Book Condition: Neu. Neuware - A facial paresis always affects the organic, functional and mental level of our body. Facial expression, eating and drinking as well as chewing, speaking and kissing might possibly be impaired. The following exercise program includes comprehensive and specific activities in order to regain important muscle function, which should be chosen depending on the affected musculature. Additionally, this program contains exercises to improve tongue-mouth motor skills. In that way it also counteracts possible deficits regarding food intake or food processing. A facial massage to stimulate the blood circulation and relax after practicing completes the exercise program. 32 pp. Englisch.

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